



May 11/12
Equipment
Handout

FROSH/SOPH

20  26

JUNE

8 Mon	9 Tue	10 Wed	11 Thu	12 Friday
Strength/Training Camp 7-8:30a				
15 Mon	16 Tue	17 Wed	18 Thu	19 Friday
Skills Camp 7-9:30a				
22 Mon	23 Tue	24 Wed	25 Thu	26 Friday
Skills Camp 7-9:30a				

DEAD WEEK 6/29 - 7/3



6 Mon	7 Tue	8 Wed	9 Thu	10 Friday
Strength/Training Camp 7-8:30a				
13 Mon	14 Tue	15 Wed	16 Thu	17 Friday
Strength/Training Camp 7-8:30a				
20 Mon	21 Tue	22 Wed	23 Thu	24 Friday
Skills Camp 7-9:30a				
27 Mon	28 Tue	29 Wed	30 Thu	31 Friday
Skills Camp 7-9:30a				

JULY

AUG

3 Mon	4 Tue		Preseason STARTS!!
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neuquafootball.org | BLUE & GOLD game 8/14 | Week 1 @ Oswego 8/21